

## **Beautiful people's revolution**

The power of the early Christians

2000 years have passed but we still wonder how this miracle happened. Master Jesus Christ was killed. He lost, and shortly afterwards his disciples stirred up quite a revolution. They preached the Gospel, attracted people, set up the Church. The new religion conquered the ancient world, changing it forever. What was it about the early Christians that made people follow them, wanting to become part of their community? What was it about them that made their church grow while ours is in crisis? We have temples, universities, communication channels, educated priests, money. We are a powerful organization. We have an awful lot while they didn't have any of it. What made them successful?

There is just one answer to this question: the early Christians were amazing, beautiful people. Others clung to them, wanting to be close to them so that gradually they could become like them.

We find an uncanny description of the life of the first Christians in the Letter to Diognetus dating from the late 2<sup>nd</sup> century AD:

“Christians are indistinguishable from other men either by nationality, language or customs. (...) They live in their own countries as though they were only passing through. They play their full role as citizens, but labour under all the disabilities of aliens. Any country can be their homeland, but for them their homeland, wherever it may be, is a foreign country. Like others, they marry and have children, but they do not expose them. They share their meals, but not their wives. They live in the flesh, but they are not governed by the desires of the flesh. They pass their days upon earth, but they are citizens of heaven. Obedient to the laws, they yet live on a level that transcends the law. Christians love all men, but all men persecute them. Condemned because they are not understood, they are put to death, but raised to life again. They live in poverty, but enrich many; they are totally destitute, but possess an abundance of everything. They suffer dishonour, but that is their glory. They are defamed, but vindicated. A blessing is their answer to abuse. (...) Deference is their response to insult. (...) To speak in general terms, we may say that the Christian is to the world what the soul is to the body.”

## Evangelization - the mission of the first Christians

*And he said to them, "Go into all the world and preach the Gospel to every creature!"* (Mark 16:15).

Jesus sent his disciples to change the world for the better by preaching the Good News. Their strengths lay in who they were, or rather, who they became if they followed Him. First, they listened to His words, looked at the work He was doing, and accompanied Him on His mission. What they experienced then may be compared to a grain which was full of life and which fell on the fertile soil of their hearts and transformed them so that they could become grain themselves. They became the Good News - they turned into the Gospel.

## Beautiful people's revolution

We would certainly like the world to become better. Unfortunately, we don't have the strength to change the whole world. However, we can change ourselves by becoming beautiful people and with our beauty first change our surroundings, and then, like leaven, have strong impact on the whole world, just as the first Christians did.

## Crisis of the Church

The letter to Diognetus shows that Christians have always had enemies and the Church has experienced its crises. If the first Christians had focused on protecting themselves and their property, they would have probably quickly disappeared from the map of the world. But they had other priorities - they transformed themselves in the light of the Gospel. They became beautiful people. They became the soul of the world.

## Take up the EWC challenge

So far, the challenge of the EWC has been to walk 40 km at night, in solitude and concentration. The hardship of the route itself seemed great. This time it's not enough. The point is not to walk the route, but to walk it and become a beautiful person. From now on, the EWC challenge will be measured not in kilometres, but in the change that will take place in each person resulting in beauty.

Let me invite you to the EWC 2021!

During the 2016 World Youth Days, Pope Francis said, “You don't like the world around you? Instead of complaining, get up from the couch and start changing it. Fill it with values, infecting others with optimism and the joy that comes from God's love.”

*Rev. father Jacek WIOSNA Stryczek*

### **First station: Jesus is condemned to death**

*Anyone who wants to save his life will lose it (Matthew 16:25).*

Don't ask if you have to live. You had better ask how to live so that life is worth living.

One of the greatest hindrances in life is the feeling of comfort, security and everyday warmth. It is amazing what living conditions people get used to. Some live in luxury, others in stagnation and poverty. But that makes no difference. What matters is that the world they live in is familiar to them, it's tame and therefore safe. But let's not talk about others - let's talk about ourselves. You can sink into, or rather blend in, the world that surrounds you, the world you live in. Just think of all those instances: being stuck in a bad job, in a toxic relationship, in company of crazy people. Likewise, people who have financial problems are most afraid of losing their social status: their home, lifestyle, food, holidays. Drowning, they sometimes drag others down with them, asking them for money or to co-sign a loan so that nothing changes in their world. We don't like losing what we have.

*Anyone who wants to save his life will lose it.* Fear of loss does not stand for defence of life. It stands for losing because none of us can guarantee the status quo. Everything is constantly changing. Who could have predicted the crisis we are currently experiencing? Who would have thought that a pandemic, an uncontrollable disease, would change our lives? Some time ago a volcanic eruption disrupted the operation of airlines, before that, a flood took away people's possessions. We are unable to protect ourselves against change and losses. However, we can tame the loss.

A beautiful person remains calm, or rather peaceful not because nothing will happen to them, but precisely because they are ready to change, to open up to loss and cope without protective

measures.

*Anyone who wants to save his life will lose it. Jesus is put on trial. He is ready to give up His life. His strength lies in inner peace.*

*Jesus, I like comfort. I got used to it. Help me open up to change. Help me abandon the world I know. Help me find a full life.*

### **Second station: Jesus carries His cross**

*Everyone pursuing not selfish interests but those of others (Philippians 2:4).*

The cross that Jesus carried was not His destiny. It was His choice. The Lord did not have to follow this path. He could have avoided danger, looked for shelter and not get caught. During the three years that He preached, He often avoided confrontation. In the end, however, He made a decision: He gave Himself up to hatred, He took human anger upon Himself. He had to die because He had become a threat to bad people. However, He Himself saw in it the power of salvation, the victory of love and goodness.

*The Father loves me, because I lay down my life in order to take it up again. (John 10:17).* The way with the cross, taking on the problems of others, is the way of idealists, that is beautiful people. Such people don't just live for themselves. They don't just think about themselves. They are ready to help others, not only to give out what they have too much of. They are ready to sacrifice themselves. God likes it. He enjoys giving life, zeal, idealism and dedication.

Taking on the burdens of others brings another outcome - it transforms whoever does it. The phrase "I take up life" means that life comes back transformed. This is how a person turns into a beautiful person - still human, but beautiful.

This outcome cannot be achieved in any other way –no development programme, no outstanding coach or no training can do it. In order to turn into a beautiful person, you have to take on other people's problems. You have to deal with difficulties that you did not deserve.

The Way of Jesus with the Cross wasn't fun, attractive, or pleasant, but it resulted in the Resurrection. Probably when you take on the problems of others, you won't look good, but rather

extremely tired, sleepy, sometimes exhausted, but what beautiful fruit it will bring!

*Jesus, I don't want to live just for myself. I hear a call within me - I want a better world. Jesus, I am ready to give up my life, to sacrifice and sanctify myself.*

### **Third station: Jesus falls the first time**

*(...) but [The Lord] has answered me, 'My grace is enough for you: for power is at full stretch in weakness.' It is, then, about my weaknesses that I am happiest of all to boast, so that the power of Christ may rest upon me (2 Corinthians 12:9).*

I encouraged many people to volunteer, to give up their lives for those in need. I accompanied them, so I saw what was happening to them. Their commitment to others was backed by great enthusiasm, usually until their first failure. Difficulties would appear that had to be overcome. People who received help showed no gratitude. It wasn't as beautiful as it was supposed to be. And immediately there came discouragement, disappointment and even resentment. After all, it is easier to give an occasional teddy bear to an orphanage for Christmas than to take responsibility for the fate of a poor family. I will disappoint many but I must say that giving means nothing. Taking on the problems of others - that's something! Entering the lives of people who are having problems means taking those problems upon yourself. Overcoming them together with those in need has a certain magic to it - it brings happiness, while providing casual help is only a kind of pleasure. The first fall may be compared to the struggle with other people's problems, multiplied by others. It may be hard, sometimes too heavy. This is the way of beautiful people: they don't live just for themselves, they are ready to bear the burdens of others.

*Jesus, help me in my work on myself, so that I have the strength and courage to bear not only my own burdens, but also those the ones weigh down others.*

#### **Fourth station: Jesus meets His Mother**

*As scripture says: How beautiful are the feet of the messenger of good news. (Romans 10:15).*

What was Mary like? How beautiful was She? Here is an extraordinary story, “I’m thinking about the phenomenon of ‘beautiful people’. What is it about them that makes you feel their ‘beauty’ at once. It’s probably energy consisting of love, warmth and goodness. An example of such a beautiful person for me is my grandmother. Unfortunately, she is no longer alive. On her tombstone there is an inscription ‘You must be as good as bread’. These words defined her life. She often repeated ‘If someone is like stone to you, you must be like bread to them’. I have an image of her before my eyes: an elderly, modestly dressed woman, with a thousand wrinkles on her face which spoke of the worries she had to deal with. She raised her own nine children and three foster children on her own. Everything that came first in her life she did out of love for God and people. Although she completed only several classes of primary school, she was blessed with extraordinary wisdom. In addition, she was very humble and simple-hearted. She also had strong faith and it was from there that she drew strength to be beautiful. She spoke little, she liked silence. This also inspired confidence. Plus, she could really listen. She knew everyone's problems. She had the strength and sensitivity to care for others, although she had many problems herself. And she taught by example - she never preached, she never punished. I'm sure she's become a saint. And this should probably be our goal: to be a beautiful person, that is, to strive for holiness.”

What a beautiful testimony! Maybe one day someone will write something like this about us.

*Jesus, I have a small dream: I would like to become a beautiful person. But mum’s the word for now! My dream is small and fragile ...*

#### **Fifth station: Simon of Cyrene helps Jesus to carry His cross**

*In brotherly love let your feelings of deep affection for one another come to expression (Romans 12:10).*

Have you ever thought that you could become a beautiful person? Now you have the opportunity to do so.

“For me, being a beautiful person is extremely important and it touches me deeply. It is not about

external beauty: about cool clothes, great hairstyle or a nice smile. True beauty comes from within, from your values, thoughts, intentions. Beauty moves and attracts, that's why others want to be close to truly beautiful people.”

“For me beauty stands for attractiveness. A beautiful person is one whose interior is amazing and who represents something, making people want to imitate them in their beauty. A beautiful person is a little like a vivifier of everyday life - they can bring out something amazing from a simple thing, see people in their goodness and beauty. They can support others wisely. They are attentive to people, to themselves, to everyday life, to different situations ...”

"He is attentive to people" this phrase is somehow descriptive of the attitude of Simon of Cyrene. Everyone could have helped Jesus, but it was he who did it. We keep repeating his story to this day. What did he actually do? Carry a piece of wood? How simple! But it is not that simple, because it was he who captured the moment when he could help in such a simple manner. Only beautiful people can do that.

*Jesus, my heart is on fire. I want to become a vivifier of everyday life.*

### **Sixth station: Veronica wipes the face of Jesus**

*Good people draw good things from their store of goodness; bad people draw bad things from their store of badness. (Matthew 12:35).*

Where did Veronica come from? At that precise point in time? With such a gesture and such courage? What was in her mind? What brought her to that place? Why was she like that? Or maybe her thoughts were just like in this testimony:

“Many of us put ourselves first, “I” comes first. This is also the case with personal development. I develop for myself. Does such development make sense? Can I reach further, deeper if I only stop at myself?

My friend focuses on development very much - he reads a lot, thinks a lot and likes to talk about it. He keeps repeating how important it is to him. Once I asked why he was doing it, what it meant

to him. He couldn't answer. It was obvious that it puzzled him, and he had never thought about it before.

I also find my development important, but if my goal was not to love another human being, then development would not make sense to me, it would be meaningless. I wouldn't be motivated to achieve anything if I kept it all to myself. That's logical! If I have something, why shouldn't I share it with others? If I find an oasis in the desert, won't I tell others? This is the definition of true love for me: development for the benefit of the other person. I develop myself to be able to give more to someone. I develop myself to gain new abilities, to help someone in their development. I develop, break through, learn to acquire a greater ability to love. I do it because out of love for another person I want to give them a piece of myself. It is all in accordance with the words of St. Brother Albert, which once captivated me and since then have been reminding me of what I should follow in my life "You should be like bread that lies on the table for everyone, from which everyone can cut a bite for themselves if they are hungry."

*Jesus, no please, I don't want to concentrate on myself. I want to serve!*

### **Seventh station: Jesus falls the second time**

*Anyone who does the will of my Father in heaven is my brother and sister and mother. (Matthew 12:50).*

"If I had an older brother whom I admired for something, he would pull me, the younger one, upwards by the ears so that I would be just like him."

Big brothers inspire. I would like to be like him! How beautiful the idea of an older brother or an older sister is. People often stumble and fall because they don't know how to live beautifully. They don't know how beautiful they could become. Everything around is grey, ordinary and mundane. Breakfast for breakfast, then lunch and dinner... Abundant, safe and ordinary.

But you shouldn't live an ordinary life; you should live your life in an extreme way! The idea of an older brother is a way for bold self-transformation. At first, idealism is quiet and invisible: meditation, exceeding your limitations, helping others. A flower is born from a seed by the power

of change. A flower is not like a seed, but without a seed no flower will appear.

How powerful a flower is! "For me, a beautiful person is the one who gives strength, inspires, motivates - not with words, but with their mere presence."

Can you help people just by the fact that you are there? Do you already have this strength, this beauty? Are you ready to dream? You know who you are, but you don't know what you can become. Off you go then!

*Jesus, give me this crazy desire to work on myself and on my beauty!*

### **Eighth station: Jesus meets the women of Jerusalem**

*But Jesus turned to them and said, 'Daughters of Jerusalem, do not weep for me; weep rather for yourselves and for your children. (Luke 23:28).*

The weeping women on Jesus' way of the cross are a symbol of emotional immaturity. What good could their crying do? Exacerbate unhappiness? Jesus instructs them and tells them to amend their ways. It should be stressed that this is one of very few things He says on the way of the cross, so it must be important. We have no impact on what family we are born in, how we are brought up, what happens to us, but we can always take up the challenge and work on ourselves. Here is a story that could have happened to one of the crying women.

“A few years ago I broke up with my fiancé. It happened two months before the scheduled date of the wedding. It was a huge shock to us, and at the same time this experience was a turning point in my life. Neither of us was ready to get married just then. I think if had done it, our lives would have been unhappy. We could have lost a lot. I didn't know how to love then. I couldn't build a proper relationship. I was torn by emotions and I replicated patterns from my family home. I couldn't love because nobody had taught me how to do it. I had had a difficult childhood. In my adult life, I repeated the negative examples. I tried to learn how to love by feeling my way in the dark, by applying the trial and error method. However, at one point we both had enough and just hurt each other which destroyed our relationship. It broke my heart. That's when I got to know

Jesus, and He started putting me back together, from scratch, piece by piece. I decided to start psychotherapy, I became involved in a community, I started working on myself. But I didn't have the courage to ask God why it had to happen. I knew perfectly well why: so that I would start living in the right way, so that I could learn from my mistakes and mature.

I decided that I would never be the person I had been before we broke up, that I wanted to change something so that my future children (I hope I will have a bunch!) would be proud to have such a mother. I started to get to know myself, control my emotions, make informed choices. I just wanted to become a better person.

A long time has passed since then. Today I thank God for this "failure" that at that time seemed to be the end of the world, but which has made me truly alive, responsible for my decisions and choices. I'm learning to build relationships the right way.

Rev. Jan Twardowski said that loving another person means working on yourself a lot - I try to do it so that people have an easier time with me.”

*Jesus, I want to work with you on my emotions. I want my emotions, the good ones, to be a light for others, I want to be helpful. I don't want to torment others with my immaturity anymore.*

### **Ninth station: Jesus falls a third time**

*Seek good and not evil so that you may survive, and Yahweh, God Sabaoth, be with you as you claim he is. (Amos 5:14).*

“Many years ago I heard a story. There was an alcoholic who neglected his job and didn't take care of his family. He had two sons. When they grew up, one of them started a family - he built strong relationships with his loved ones, he had a good job. The other followed in his father's footsteps. Surprisingly, when asked why their lives were like that, they both replied "Because my father was an alcoholic."

It has made me realize that we are not condemned to follow one path. The path you choose is up to you.”

Sometimes someone has a bad start or a terrible stage in their life, they go through a crisis, they

botch things up, they do bad things. Regardless of what happened in the past, they should now choose to do good. Things can always get better - not by accident, but because we want them to. By our decisions, we can become our own parents, so to say. We can create ourselves and our future.

The amazing power of beautiful people lies in their attitude to life: they don't whine, but choose what is good, day after day. The decisions they make may be unimportant, but they are made every day.

*Jesus, how I long to become a beautiful person! Help me make good decisions.*

### **Tenth station: Jesus' clothes are taken away**

*But now He has exhausted me; you have laid waste all my company. and you have shrivelled me up, it has become a witness; and my infirmity rises up against me (Job 16:7-8).*

*My infirmity rises up against me.* And what if infirmity turned into strength?

"I'd always wanted to develop, but most of the time I was driven by complexes. I thought I had to be well-read, boast a rich vocabulary, acquire various skills, be familiar with many things so that others would want to be friends with me.

And often others did feel comfortable with me, but I myself felt frustrated and abused. It took me some time to understand that my efforts may have unintended consequences. Now I know that you need to develop all the time and at every level and my motivation is completely different."

Any reason is good to grow. Complexes? - of course! Wounds? - why not! Defeats? - particularly so! It doesn't matter how a person starts off. What matters is who they become. For our narrator, complexes marked the beginning of work on herself, but they were accompanied by infirmity. People knew that her fears made her look for acceptance and confirmation of her value in them. She tried to earn their love. She tried to develop but people took advantage of her infirmity. Gradually however, she became more and more self-aware. Her development became comprehensive.

The rule is simple: every beginning is difficult, infirmity takes strength away, but infirmity may be turned into strength. A beautiful person is born of infirmity.

*Jesus, my infirmity rises up against me. Help me turn infirmity into strength.*

### **Eleventh station: Jesus is nailed to the cross**

*What benefit is it to anyone to win the whole world and forfeit or lose his very self? (Luke 9:25).*

Jesus, nailed to the cross loses the whole world. We remember the temptation in the desert, “*Next, taking him to a very high mountain, the devil showed him all the kingdoms of the world and their splendour. And he said to Him, 'I will give You all these, if You fall at my feet and do me homage.'*” (Matthew 4:8-9). The devil promised, but Jesus wouldn’t give in. Now He has to bear the consequences. And although today we know that He won in the end, when He was dying on the cross it was not that obvious.

Similar temptations will appear many times in our lives. Situations with no way out. Heart-breaking blackmail, “if you don't do this, you'll lose your job, you won't finish school, I'll kick you out of the house.” How many times does this happen to each of us! How many times have I heard, “Father, you're lucky because you don't have a family” (meaning “I have a family and I have to make compromises”). In practice, the power of blackmail is such that the losses may be great. And people wonder what to do and they are torn between two conflicting demands.

Everyone remembers Blessed Rev. Fr. Jerzy Popiełuszko and his steadfast heart. Like many others, he could have made a compromise that might have saved his life. But there are also many who like him would not make such compromises.

We're sure to experience situations like the ones described above. Let's not delude ourselves that it's only us or that things must be done in a certain way... Some people succumb to temptation, others don't. Life is all about maintaining a pure heart. And if there has been a fall, you must repent quickly and move on with your ideals to win your life.

There are many temptations on the path of a beautiful life. Beauty is moulded by overcoming them. There is no other way.

*Jesus, I want my soul back. I want to be an idealist. I want to win. How do I do that?*

### **Twelfth station: Jesus dies on the cross**

*In all truth I tell you, unless a wheat grain falls into the earth and dies, it remains only a single grain; but if it dies it yields a rich harvest. (John 12:24).*

“Michał is a big boy whose goal in life is a full belly, a good TV, an electric grill, etc. He smokes. He once said that he would like to start cycling to work, but he has no time for that; that he would like to quit smoking, but there is no one to do it for. He's the type who thinks his life will change for the better if he's in a relationship.

Stagnation. You can't do this, no, it's impossible. Stagnation justified. Sometimes when someone complains, I suggest what they should do. "I'd like to go to a forest...", I hear in the age of COVID-19. "The nicest one is just outside the city", I suggest. "Oh, no, not one like that. I dream of going to a real one, with needles," I hear in response. Well, the goal is always too distant. It always turns out that you can't do it. How easy it is to make excuses!

Let me confess. Two years ago I went through a huge crisis. I felt that I couldn't do anything anymore, that nothing depended on me. But I knew the rules of winning a life. I decided to go for a walk - take a walk along the Bernatka Footbridge across the Vistula and back. I shuffled, I dragged my feet but I knew how important it was to get out of the house, to dare to do it. I struggled to lift my head to look around. I wanted to take an interest in the world, so that the "oddities" that I remembered would take me out for another walk, and then another one. Then I got on my bike. I cycled a little further. And then again and again.

Things are never impossible, even if we don't feel we can do them. The worst you can do is to excuse yourself, the best you can is to get out of the rut, make even the smallest effort, look for adventure, awaken your curiosity and interest. We've had it in us since birth. It's called the life force. You can neglect yourself, but you shouldn't get stuck in it.

This is an important moment at this EWC - the moment of making a decision to change, about taking up new challenges, about the way to resurrection.

*Jesus, I'd now like to think about what I can change in my life and what I have not been able to change so far because it was impossible to change. I believe that everything is possible with You.*

### **Thirteenth station: the body of Jesus is taken down from the cross**

*Now my soul is troubled. What shall I say: Father, save me from this hour? But it is for this very reason that I have come to this hour. (John 12:27).*

Jesus shares His fears. Clearly He is alone in His decisions. His disciples are following the same path. Let us return to the *Letter to Diognetus*:

“Christians love all men, but all men persecute them. Condemned because they are not understood, they are put to death, but raised to life again.”

The loneliness of an idealist. There is no need to delude yourself: anyone who follows the path of a beautiful life will encounter emptiness. There are times when you need to make a decision that others will not understand. There is a moment in the life of St. Stanisław Kostka when he decides to enter the convent. He is a teenager, he comes from a wealthy, noble family. Nobody understands him. Stanisław, however, does not succumb to pressure from the people around him. He does not give up his vocation. He escapes from Vienna alone to join the Jesuits in Rome. Saint Francis of Assisi hides in the La Verna mountains at Lent. It's just the way it is. Ideals are from another world. They don't fit in with the logic of normality and everyday life. They are not ordinary and they may be misunderstood because they are out of this world. That is why at EWC we say that you shouldn't live an ordinary life but an extreme one. You shouldn't become average, you shouldn't adapt. You shouldn't become ordinary.

If you are on the EWC route now, if you are approaching the end, you probably feel the consequences of your decision. Remember! You're already different. You don't have to be like everyone else anymore. You can start a new life. You can relive your loneliness. You can go back to where your ideals started.

EWC is the way of beautiful people, and their beauty is born from the experience of loneliness.

*Jesus, I want to be alone now. To walk alone. I want to be alone with myself and I want to be only with You now. Amen. Let it be so.*

### **Fourteenth station: Jesus is laid in the tomb**

*Anyone who loves his life loses it; anyone who hates his life in this world will keep it for eternal life. (John 12:25).*

I don't know if you have come across such a situation: you work but you're not fully committed to your job, as if you might get a better job someday and you were reserving your energy for then. You are in a relationship, but you're not fully committed to building it, as if you sensed that this is not it yet. You go hiking to the mountains, but you're convinced that you will not reach the top anyway, so you drag your heels.

Half-hearted commitment, reserving your energy for some other time. However, this other time never comes. What remains is wasted time. Why don't people earn as much as they would like to now? Why don't they love as they dream of? Why don't they win what they strive for? Because they pretend to get involved, they only get a little involved. They spare themselves for better times, and waste time. They make their time worse.

One of the basic principles to follow in life is: if you do something, do it 110 percent. Don't spare yourself! Give it all your might! A beautiful life means full commitment. The outcomes are surprising: instead of feeling burnt out, you develop. Commitment, just like training for athletes, strengthens endurance. The more you do, the more you can achieve. Commitment builds the experience needed to take on challenges, but most of all it changes people. Jesus says, "*anyone who hates his life in this world will keep it for eternal life.*" Those who lose themselves in commitment discover a new self.

There is a simple rule in life: each project that you do with full commitment takes you to a different level of existence. Taking on responsibilities is worth it. With every project you know when it starts and when it finishes. You know what the outcome should be. But you don't always know how much you need to spend on it. That's the risk.

*Jesus, I want to be a beautiful person. And now I want to get to the end of the route. My EWC is a small project, but I'm counting on its great fruit. Amen. Alleluia!*

## Conclusion

Beautiful people's revolution is the path of the followers of the early Christians. It is a great victory for people who did not stop where everyone else did. They wanted to follow Jesus and they discovered a whole new way of being. Beautiful people are those who, thanks to their transformation, change the lives of others with their mere presence. They are simply beautiful.

There is something amazing about beauty. It attracts and delights, and above all, it transforms. This lifestyle should be the dream of every disciple of Jesus – of everyone who sets out on the Extreme Way of the Cross.